



**UNCLE  
MARK**

◆ 2 0 0 8 ◆

**GIFT GUIDE  
& ALMANAC**



---

# TABLE OF CONTENTS

---

## The Gift Guide

- Introduction - ii
- Phone, camera, etc. - I
- Personal computer - 3
- Kitchen tool - 6
- Wristwatch - 7
- Solution to e-mail overload - 8
- Video game system - 10
- Online games - 12
- Board games - 13
- Gift for kids - 14
- Items for expecting and new parents - 15
- Everyday tech tools - 18
- Other “essential” items - 19

## The Almanac

- Two movies to watch - 20
- Books on major world religions - 21
- How to prevent a sneeze - 22
- How to give a Best Man speech - 23
- How to run a meeting - 24
- Umbrella storage system - 25
- Sending e-cards, recommendation site - 26
- How to remember the camera batteries - 27
- How to write dates in e-mail - 28
- Leaving papers on a chair; walking NYC rules - 29
- A surprising skill - 30
- How to leave a telephone message - 31
- Final thoughts - 32

---

# INTRODUCTION

---

There is too much technology in the world, and not enough time to decide which tools are good. Making matters worse, there's too much information about technology – in magazines, blogs, and elsewhere – and much of it is aimed at getting you to buy, not informing you about what's good.

Since 2003 I have written this annual guide to *save you time*. Other guides give you “the hottest 35 cameras” and “the top 20 new gadgets,” as though there's nothing more fun and useful than wading through pages of technology hype.

This guide, in contrast, gives you the *one* best choice in each category and states the reasons behind each choice. This way, I hope, you'll be able to navigate your technology purchases (for gift-buying or for personal use) quickly and easily, knowing you're making an informed choice.

What's in it for me, the author? Frankly, it scratches an itch: I've worked in the technology industry for my entire career (12 years and counting) and am constantly irritated by the customer-hostile practices that permeate the creation, marketing, and selling of most technology. By pointing out the rare *good* product, I hope to save consumers from buying bad products, and – if I'm lucky – motivate the companies out there to do a better job of focusing on their customers.

I don't make any money from this guide, except for when someone buys a product from Amazon by clicking one of the underlined links in this file (which point to a standard Amazon Associates

---

account). That's optional, of course. I also mention one for-pay project of my own – [Gootodo.com](http://Gootodo.com) – in the body of the guide. You'll see why.

Two final pointers:

1. If you want to be notified when the next Uncle Mark guide comes out, then subscribe (for free) to my Good Experience e-mail newsletter. Just enter your e-mail address at [goodexperience.com](http://goodexperience.com), reply to the confirmation e-mail, and you're on.
2. If you have any other questions, e-mail me: [mark@goodexperience.com](mailto:mark@goodexperience.com). I might answer them in a future Uncle Mark guide.

Enjoy,

(Uncle) Mark Hurst  
New York City  
November 2007

---

# PHONE, CAMERA, ETC.: APPLE IPHONE

---

SUMMARY: The best handheld digital device today, by far, is the [Apple iPhone](#).

DESCRIPTION: In past years I have reviewed cell phones, cameras, and PDAs separately, in each case giving my pick for the best-in-class device. The technology landscape has vastly changed, however, with the introduction of the Apple iPhone. It's just as good as the ads say it is. I was skeptical until I tried one, and now I consider it perhaps the most significant launch of any digital device since 1984, when Macintosh launched. Apple NAILED it with the iPhone.

Consider the iPhone's benefits.

- It's the best cell phone available today. Even if you ONLY use it as a cell phone, the iPhone is worth buying, because its design is excellent – in contrast to the embarrassingly bad, user-hostile interfaces that most cell phones have. The iPhone's voicemail is a joy (it looks like an e-mail inbox; no more phone-voice droning “you... have... one... message...”), “silent” mode is a switch that's easy to reach, the headset works great – this phone rocks.



---

*The Apple iPhone, Uncle Mark's phone and camera pick for 2008.*

- While AT&T is the only carrier available for iPhone users (in the US, anyway), I've found its

---

service to range from satisfactory – which is all one can ask for a telecom carrier these days – to good. Even if Verizon or some other carrier had slightly better reception, they only offer cell phones with comparatively irritating designs. It's well worth it to switch over to get the iPhone.

- The iPhone comes with a 2-megapixel camera whose photo quality is as good as the cameras I have recommended in past years, give or take a little bit. (Unless you're a professional photographer, 2 megapixels is all you need - don't believe the hype of the camera salespeople about more megapixels than that.) The iPhone is now the only camera I carry around; and since this one slim device combines a phone and camera, I'm carrying around LESS hardware than I have for years. Remember that the point of a digital camera is to have it with you at all times to take a picture anywhere – never having to ask, “did you bring the camera?” If your camera doesn't fit in your pocket, it's not a good choice. The iPhone fits.

- For those people who like extras, the iPhone also serves as an iPod and contains a Web browser, e-mail, calendar, text messaging, Google Maps, and other features. And this is just the first version; I would expect Apple to add features like GPS or perhaps a video camera in future versions.

- Windows users in an office environment may wonder whether the iPhone plays well with Outlook (and whether it syncs e-mail, contacts, and calendar via an Exchange server). The answer is *yes*; it only requires that the IT folks set up the server the right way.

- For PDA users, the only reason I would recommend a BlackBerry over the iPhone is for users who need to type a LOT on their device. Typing on the iPhone is decent, but not particularly fast; it only has a touch screen, but no keyboard. So: Blackberry for a few business users who need to type a lot on the road; iPhone for everyone else. Watch out, Motorola/Samsung/Nokia/Palm.

---



---

# PERSONAL COMPUTER: APPLE MACINTOSH

---

**SUMMARY:** Without question, buy a Mac – unless you *must* be compatible with a Windows network at work or school.

**DESCRIPTION:** What's better, Windows or Mac? This debate has raged for years, starting not long after Apple introduced the Macintosh computer in 1984. Mine won't be the last words on the subject, but I can give you the reasons behind my recommendation for Macintosh.

First, the exceptions. There are two reasons why you might want to buy a Windows PC:

- If you need to plug into an existing Windows network at a school or corporation, go ahead and buy Windows. Even though a Mac might actually work fine on the network, the in-house tech department may irrationally refuse to support Macs, so there's no need to fight them. You'll need to be on good terms with them, anyway, when your Windows PC has problems.
- Some people are bitterly opposed to anything Apple- or Mac-related. If you're one of these people, by all means buy a Windows PC.

Now, for everyone else: *buy a Mac*. I highly recommend the 13-inch MacBook, a laptop that you can use at home or on the road. Order it from the Apple Store online - [store.apple.com](https://store.apple.com) - or buy it from the retail Apple Store in your local mall - and configure it as follows:

---

- Make sure you're buying the MacBook, not the MacBook Pro (a good but more expensive Mac). Any MacBook is fine, though if you can afford it I'd go for the one with the 2.2 GHz processor to get the SuperDrive, which can burn DVDs, instead of the ComboDrive, which only burns CDs.
- Upgrade the RAM to 2 gigabytes, if you can afford it. (4 gigs is even better but not essential.)
- For hard drive size, 120 gigabytes is plenty big enough. (If you get the cheapest MacBook, you can get away with only 80 gigabytes.)
- Wireless capability, with the Airport Extreme card, is included in every MacBook, so you don't need to upgrade that.
- You might consider buying AppleCare. At \$250 it's pricey, but if you buy it, you'll get very good tech support for three years.
- Separately, from Amazon.com, buy Microsoft Office. Note that the [Student-Teacher Edition](#) is several hundred dollars less than the normal retail version.



*The 13-inch MacBook, shown above, is an excellent computer. Macintosh is always a better choice than a Windows PC, unless you have to connect to an existing Windows network.*

If in the end you do decide to get a Windows-based machine, one note of advice: make sure to buy, install, and maintain the maximum armor-plated virus protection. Studies have shown that an unprotected PC on the Internet today can be infected by a virus within 20 minutes. Macs have no such worries.





There are two main reasons to choose a Mac over Windows:

**1. Macs are easier to use.**

The whole point of using a computer is to get things done. Given the choice between getting your work done more or less easily, why would you choose the harder option? This has always puzzled me about people choosing Windows PCs – why would they choose to be *less* productive? The Mac was designed from its inception to be an elegant, effective, easy-to-use system; Windows was built in pieces, leaving it unstable – think of a house of cards – and with a confusing, poorly designed user interface.

**2. Macs are more secure against viruses.**

If you use a Windows PC, you're constantly vulnerable to Internet viruses, of which there are new strains almost every week. Using a Windows PC is a constant risk to all the work you do on the computer: e-mail, documents, photos, everything.

Macs have little or no risk of catching an Internet virus. Fewer viruses are written for Macs, and the Macintosh operating system – OSX, pronounced “OS Ten” – is inherently more stable than Windows. You're more safe and secure all around when using a Mac.

Easier to use, more productive, more secure from viruses – why *wouldn't* you choose Macintosh? (And if you need to run Windows, Macs do that, too, with the [Boot Camp](#) feature.)

---

# KITCHEN TOOL: DUAL-ENDED SPATULA

---

**SUMMARY:** This single-piece spatula does everything a spatula should.

**DESCRIPTION:** This spatula, whose official name is the “Chef'n Switchit Dual-Ended Long Spatula,” is available from [Amazon](#) for ten bucks. After reading about it in Kevin Kelly's [Cool Tools](#) newsletter, I bought it and have been happily spatuling (?) since.

What's great about it? The silicone exterior doesn't easily heat up; the metal bar inside keeps it firm when stirring or flipping items; both ends of the spatula can be used; and its single-piece construction makes it easy to clean.

Some Amazon reviewers report that the spatula can break if used too vigorously, but that the manufacturer is nice about sending replacements.

This is an easy gift idea for any friend or family member who likes to cook but hasn't yet found the world's best spatula.

P.S. Last year's kitchen-device recommendation, the Vitamix blender, is still a good pick. You can find last year's Uncle Mark guide at [unclemark.org](#).



---

*The Chef'n Switchit dual-ended long spatula is a keeper.*

---

# WRISTWATCH: CASIO G-SHOCK CLASSIC

---

**SUMMARY:** A reliable watch with an easy, time-tested design.

**DESCRIPTION:** Many companies make digital watches, but Casio makes my favorite. I've been wearing a G-Shock, or some version of it, for almost twenty years. The watch is inexpensive (about forty bucks at [Amazon](#)), reliable (it lasts five or more years before the strap wears down), and best of all, the interface design is excellent. Casio has permanently and completely solved the design problem of digital watch design: “mode” in lower-left, “set” in upper-left, and light and “start/stop” on the right.

The feature set is just right – not too big, not too small – with time and date on the face, and alarm, stopwatch, and timer also available. I don't know how people go about their lives without *all* of these features – which are hard to use or absent from other watches. Whenever I take a plane, for example, I always set the timer for the flying time, so that I never have to ask “how much longer?”

There are other G-Shock models, but they tend to be awkward attempts at fashion. Casio's strong suit is practicality, not style, and the G-Shock Classic is Casio's most practical watch. So what if it's not fashionable? I'd rather be able to set a timer easily than to look cool while flailing about on some silly fashionista watch.



---

*The Casio G-Shock Classic*

---

# A SOLUTION TO E-MAIL OVERLOAD

---

**SUMMARY:** As I describe in my book [Bit Literacy](#), the online todo list [Gootodo.com](#) allows you to keep your e-mail inbox empty while enjoying a focused, prioritized todo list.

**DESCRIPTION:** Everyone complains about feeling stressed from getting too much e-mail, but no one seems to have a solution. That changes now.

I wrote about this method in my newly published book [Bit Literacy](#), but here's the deal. There's a simple way to solve e-mail overload: to start, delete the e-mails that you don't need any more (or file them away, if you really need to refer to them later). Newsletters, meeting announcements, spam mail, one-word replies, that kind of stuff. Just get rid of all of it.

Then you're only left with action items, or todos. First, use the "two-minute rule" and complete any todos that can be accomplished in two minutes or less, and then delete them. Now you only have big todos that take several minutes, hours, days, months, who knows, maybe years to accomplish. It doesn't matter: whether you have five, fifteen, or fifty big todos sitting in your inbox, there's an easy way to clear those out. We just need to put those todos on a todo list, and then the inbox will be *empty*, and your mind will feel much clearer.

The trick is to use your e-mail program to *forward* those action-item e-mails to a todo list that separates today's todos from those coming in the future. Here I recommend my own tool,

---

[Gootodo.com](https://www.gootodo.com), since it is the only todo list that does this. It's an online todo list that works via the Web browser on any computer – Mac, Windows, or Linux – and is compatible with every e-mail program: Outlook, Eudora, Lotus Notes, Yahoo Mail, Gmail, even Blackberries (and *of course* iPhones – come on). Go to <https://www.gootodo.com> and sign up for a free trial account. After the first month it's three bucks a month, but it's free to try out.

Once you have your Gootodo account, just forward each big todo in your e-mail inbox to your Gootodo list, depending on what day – today, next week, or any future day in the next year – you want it to show up. Forward to *today's* list what you can accomplish today; forward others as far as you can into the future. Then delete them from the inbox. Once you do that, you'll have an empty inbox and a manageable todo list to get through today. It's remarkably simple.

Here's how to e-mail todos to Gootodo. Send an e-mail to [today@gootodo.com](mailto:today@gootodo.com) and it will show up on today's list: the Subject line will be the title of the todo, and the body of the message will be stored as well. Send an e-mail to [tomorrow@gootodo.com](mailto:tomorrow@gootodo.com) and it will *not* show up on today's list – but will appear tomorrow. (Any undone todos from today will also roll over onto tomorrow.)

Forward an e-mail to [2d@gootodo.com](mailto:2d@gootodo.com) (or [2days@gootodo.com](mailto:2days@gootodo.com)) and it will show up in two days. Or forward it to [monday@gootodo.com](mailto:monday@gootodo.com) and it will show up on Monday. You can even e-mail a specific date, like [14dec@gootodo.com](mailto:14dec@gootodo.com) or [dec14@gootodo.com](mailto:dec14@gootodo.com), to create a todo on December 14.

I can almost guarantee that if you try this out, using the method I've described, you will feel less stressed, work more productively, and have more time for things that really matter – family, friends, and creative pursuits. Give it a try and let me know what you think. And [read the book!](#)

---

# VIDEO GAME SYSTEM: NINTENDO

---

**SUMMARY:** In a crowded field of devices, Nintendo makes the highest quality game systems.

**DESCRIPTION:** To buyers unfamiliar with the territory, the video game market offers a bewildering array of options. Below are *all* the major game systems today, listed by manufacturer; products are listed in order of how recently they were released:

- Nintendo: Wii, handheld DS Lite, and the aging GameCube
- Sony: Playstation 3, handheld PSP, and the aging PlayStation 2
- Microsoft: XBox 360 and the aging XBox

Of the three manufacturers, Nintendo is the only company with a history and culture of making great games. Sony is known for its marketing prowess – there are more games available for the Playstation than for competing systems – and Microsoft is known for, well, being Microsoft. But Nintendo is known for *games that are fun to play* – Mario, Donkey Kong, Zelda, and the rest – and that’s why I always recommend Nintendo when people ask me about video games. (Why someone would buy a game system because it’s marketed well, or backed by a well-known software brand, instead of how fun it is to play, I don’t understand.)

For most buyers, I recommend buying the [Nintendo Wii](#) (pronounced “wee”), launched a year ago, which by some measures has emerged as the most successful videogame system in the past several years. It offers games that are fun for all ages and skill levels; even senior citizens enjoy the Wii, because it’s made to be *fun*, as opposed to being a glowing brick for high-tech gamer boys. One key to the Wii’s success is the innovative controls, a pair of handheld wands that players move through the air to control the gameplay. It’s an intuitive and fun experience.

If you are buying a gift for a high-tech gamer, he probably won’t want a Wii, since it may feel more like playing “kiddie games.” The XBox 360 is the favored platform for high-tech gamers, in large part due to the game “Halo 3,” a hugely popular (and violent) first-person shooter that made more money within a few days of its release than many Hollywood blockbusters.

As for handheld games, the Nintendo DS Lite is the best pick. It has several notable games, including a handheld version of Mario Kart, Nintendo’s long-running series of outstanding racing games. Other game picks include “Brain Age”, a kind of mental quiz game appropriate for all ages; “Wario Ware: Touched”, a collection of mini-games; and “Animal Crossing”, a good game for kids. Whatever you buy, remember to choose something because it’s fun, not just because it seems high-tech or is marketed in some slick way. When in doubt, go with Nintendo.



---

*The Nintendo DS Lite, Uncle Mark's  
handheld game pick for 2008*

---

# ONLINE GAMES YOU SHOULD KNOW ABOUT

---

**SUMMARY:** Good Experience Games, World of Warcraft, and Second Life are worth knowing.

**DESCRIPTION:** After the lengthy description above about video games played via consoles and handheld devices, it's worth noting that there is another kind of digital game I recommend: the online game. An Internet-enabled computer, after all, can function as a game system just as much as a Nintendo – and it's easier to get back to work when you're done playing.

A few years ago I started compiling a list of free online games that anyone could start playing, right away, just by clicking on a link. My site, Good Experience Games, now lists over 200 games, all of which are fun, easy to start, and (except where noted) appropriate for all ages. I've tried to make it the best gaming resource in the world, with hours and weeks and months of gaming, for free, available right now. (I'm just glad I didn't have this when I was growing up, or I never would have gotten anything done.) Go here to play: [goodexperience.com/games](http://goodexperience.com/games)

Two other very different online games are worth mentioning because they're so popular. World of Warcraft is the most popular “massively multiplayer online role-playing game”, a kind of wizards-and-dragons game that people play together all over the world; and Second Life is a virtual online world, not exactly a “game”, where users explore environments built by other users. Both services may charge subscription fees; more importantly, real involvement requires a lot of time and attention. Be aware of the commitment of time and money if you sign up, or if you buy a subscription for someone else. I hesitate to recommend either because of that commitment.

---



---

# BOARD GAMES YOU SHOULD KNOW ABOUT

---

**SUMMARY:** Snatch, Carcassonne, and other board games that almost anyone would enjoy.

**DESCRIPTION:** Board games have made something of a comeback in recent years, and it's worth knowing about some of the more interesting options. Any of these board games would make a great gift for yourself or someone you know who likes to play games.

**Snatch** (2 or more players): Possibly the ultimate word game. There's actually no board, just letter tiles from which to make words and "snatch" your opponent's words. It's elegant, fast-paced, and competitive; I highly recommend it. You can buy it at [Amazon](#).

**Ticket to Ride** (2-5 players): Fun, easy-to-learn track-laying game, a bit like "Sorry" played on a US railway map. Recommended for all ages. A great party game. Also at [Amazon](#).

**Carcassonne** (2-5 players): An elegant, simple game of tile-laying as players build the medieval French city of Carcassonne together. This is one of the best two-player games of ANY type that I've ever encountered. It's also fun for more than two. Available at [Amazon](#).

I still recommend Settlers of Catan (for 3-4 players), and Lord of the Rings: Confrontation (a Stratego-like game for two Tolkien fans only), as I have in past years.

You can find all the games above at [funagain.com](#), Amazon, or your local game store.

---

---

## A GIFT PICK FOR KIDS

---

**SUMMARY:** I still recommend the strangely accurate 20 Questions ball, just as I did last year.

**DESCRIPTION:** Go to [20q.net](http://20q.net), then click on “20Q Store”, to purchase Robin Burgener’s amazing 20 Questions ball for the very reasonable price of \$15. This toy is hard to explain if you haven’t tried it in person – but here goes. The ball’s LED screen asks you yes/no questions to guess the thing (animal, mineral, vegetable, or other) you’re thinking of. You push the “yes” and “no” buttons on the ball until 20 questions later, when the ball guesses *exactly* what you had in mind.



The one caveat, especially if you’re showing it off to kids, is to start with something easy: a lion, or a broom, or something similarly easy. Allow the ball a good first impression – nailing the first item – and then work up to more obscure items later. (If you’re especially interested in how the ball works, play the game online for free at [20q.net](http://20q.net). By playing thousands of rounds of 20 Questions on the website, users themselves taught the ball all the answers. It’s an amazing and clever use of collective online intelligence.)

---

*The 20 Questions ball with four buttons: Yes, No, Sometimes, and Unknown. Brilliant design.*

P.S. I also still recommend previous years’ picks for kids: the 50 states placemat (Google “US map placemat”) and Five State Rummy (Google “five-state rummy” to find its Yahoo Store).

---

---

# ITEMS FOR EXPECTING AND NEW PARENTS

---

**SUMMARY:** Here are a few good books, strollers, and other items.

**DESCRIPTION:** My wife gave birth to our first child earlier this year (yes, I'm "Daddy Mark" now, too) – and so I've gotten an education in the world of baby stuff. Here are some tips, whether you're an expecting or new parent, or are just buying stuff for one.

For expecting parents I'd recommend two baby-naming guides. [NameVoyager](#) is an excellent and free online resource that maps the popularity of any given name over the past century or so. There are many books on baby names, but by far the best I came across was [Beyond Jennifer and Jason, Madison & Montana: What to Name Your Baby Now](#).

I'd avoid most books written for new fathers, since they mainly deliver head-slappers like "turn off the football game in the delivery room" and "get ready to give up your beer money for the little tyke." (Are all new fathers Homer Simpson?) They're also heavy on the emotional stuff ("It's the most wonderful thing – you won't understand until it happens"), which by definition the reader can't relate to, so why beat him over the head with it? However, one must-read book for preparing for a newborn is [The Happiest Baby on the Block](#), which details the all-important skill of swaddling, made easier by the absolutely essential [Miracle Blanket](#), which gets the newborn to sleep.

Expecting parents also need to buy a crib. The crib I'd recommend is the Stokke Sleepi. It's more expensive than other cribs, but it's also more attractive, durable, and versatile: as the child grows,

---

you can add sections to the crib, like adding leaves to a table. Eventually it turns into a toddler bed (and later the ends can pop off to become chairs!). The crib also comes with wheels, so in the early months it's easy to push the infant around to wherever the parents are – bedroom, living room, etc. – without having to keep a separate crib or playpen in another room.

As for strollers: for the first three months or so, get the [Graco Snugrider Infant Car Seat Stroller Frame](#), about sixty bucks at Amazon. Yes, the name is a mouthful. (Other people just call it a “snap ‘n’ go,” a term I had never heard before my wife’s pregnancy.) At any rate, it’s just a frame with wheels onto which you can place the [Graco Snugride](#) infant car seat (about \$115 at Amazon), thus making a stroller out of the combination. It’s nice because you can detach the car seat and strap it into a car, or cab, and then fold up the frame and put it in the trunk. This is a must-have item. By the way, speaking of travel, a good travel crib – or “pack ‘n’ play” (yet more new vocabulary) – which I’d recommend is the [Graco Travel Lite Crib](#). It’s surprisingly easy to use.

Back to the snap ‘n’ go. Unfortunately, that Graco combo only lasts for the first few months, until the baby weighs twenty pounds or so. Soon enough it becomes time to shop for a “real” stroller.



---

*The Stokke Sleepi, already expanded once*



---

*The Graco Snugrider “snap ‘n’ go.”*



Here's the deal with strollers: You have to choose between a good **push** and a good **pack**. That is, some strollers are compact and easy to fold up, but they require a two-handed push with small, clattering wheels. Other strollers have a great "push" – one-handed, easy, taking bumps easily with nice wheels or tires – but they're heavy and difficult to fold up.

If you want a good "push," the [Bugaboo Cameleon](#) is the top of the line. It's the Cadillac of strollers: dual independent shock absorbers on the front wheels, rubber tires in the back, endlessly configurable, the "Bug" is a great vehicle – but it's expensive (over 900 bucks) and doesn't fold easily. Bugaboo also makes Frog and Bee models that are smaller and less expensive than the Cameleon.

For a good "pack," most strollers made by Maclaren seem to be fine choices, but I've heard especially good things about the [Quest](#), the [Volo](#), and the [Triumph](#). They're "only" 200 or so bucks, and they offer a decent push and a much better pack than the Bugaboo.

Other stroller brands I've heard or read good things about include the Orbit and Inglesina. But this isn't an exhaustive list: there are many brands to choose from, some made for specific uses (for twins, jogger parents, etc.), and it's a dynamic industry with frequent new products. It's easy to get overwhelmed by the choices; this is why, for most parents, I would suggest simply deciding between an expensive Bugaboo (the "push") and a less expensive Maclaren (the "pack").



---

*The Bugaboo Cameleon*



---

*The Maclaren Quest*



---

# EVERYDAY TECH TOOLS: PANASONIC

---

**SUMMARY:** Good phones, fax machines, and other consumer tech comes from Panasonic.

**DESCRIPTION:** When the conversation turns to consumer technology, it's usually Apple that gets most or all of the attention. Apple has made some star products – the iPhone, the iPod, and the Macintosh – but it's not the only company doing good work in this area.

One unsung hero of the consumer technology business is Panasonic, which consistently makes simple, reliable, easy-to-use devices. These days when I want to buy a home phone, fax machine, or DVD player, I don't even look at the other brands. Even Panasonic's manuals are easy to read, which is no small feat. Here are some Panasonic products I recommend, having owned them or similar models:

- Fax machine: [Panasonic KX-FHD351](#). I've used this product line for about ten years. It's an easy-to-use, inexpensive fax that is ideal for home or small business use.
- Landline phone: [KX-TG3032](#) or [KX-TG6052](#) – 2 wireless handsets and an answering machine.
- DVD player: [DVD-S53](#) (plays, doesn't record) and has a decently designed remote control.
- Video camcorder: [PV-GS300](#), which is easy to use and makes high-quality digital home video. (Past Panasonic, I've heard good things about the Flip [30-minute](#) and [60-minute](#) camcorders.)

---

## SEVERAL MORE “ESSENTIAL” PICKS

---

**SUMMARY:** A spam-fighter, DVR, laser printer, wallet pen, and news mag not to miss.

**DESCRIPTION:** Here are a few more items I highly recommend:

- [SpamArrest](#): Good, reliable anti-spam-mail service. It’s a “white list”, which means that only addresses you approve can get through. You can review other mail online to delete or approve.
- [TiVo](#): It really is as good as they say. If you watch any TV at all, buy a TiVo and free yourself of the idiotic tyranny of commercials and network schedules (and the very idea of TV networks). Some cable systems offer their own “DVR” but I highly recommend TiVo’s near-perfect interface.
- [HP LaserJet 1020](#): I recommend this simple, inexpensive, all-around great laser printer for non-heavy use. It’s Mac- and Windows-compatible, black-and-white only, and about \$200.
- [Zebra mini-pen](#): This 4-inch-long pen fits in my wallet, so I’m never without a writing instrument. This comes in handy more than you’d think, especially since few people seem to carry a pen with them. You can buy the Zebra mini-pen for about \$5 at any good art-supply store.
- [The Economist](#): The best comprehensive print news source. Read the print magazine once a week and you’ll get nearly everything you’d get from Time/Newsweek, BusinessWeek, and the Wall Street Journal, not to mention international media. The website is good, too.

---

# ALMANAC

---

## TWO MOVIES YOU MIGHT NOT HAVE SEEN

**SUMMARY:** Fire up Netflix and get these two documentaries.

Here are two documentaries that are well worth seeing, if you haven't yet. *God Grew Tired of Us* tells the story of the "Lost Boys of Sudan," a mass of children – some just babies – who in the 1990s walked hundreds of miles to escape the civil war raging in southern Sudan. The bulk of the movie shows what happens when a few of the Lost Boys emigrate from their Kenyan refugee camp to the US.

Second, *Little Dieter Needs to Fly* is a 1997 documentary by famed director Werner Herzog. American pilot Dieter Dengler was shot down during the Vietnam war and survived, then escaped, a brutal POW camp in Laos. (If the story sounds familiar, it's because the 2006 film *Rescue Dawn*, also directed by Herzog, is based on Dengler's story.) Like *God Grew Tired of Us*, the story describes almost unbelievable suffering, courage, and perseverance, with Herzog's artistic touch infusing the production. We can only wish that more movies were as rewarding to the viewer as these two.





## BOOKS ON MAJOR WORLD RELIGIONS

**SUMMARY:** It's worth learning about major religions, no matter what one believes.

**DESCRIPTION:** A couple of years ago I came across Kevin Kelly's [recommendation](#) for [The Message](#), a new translation of the Bible. Kevin put it well: "At least once in your life you should read the Bible all the way through because it does not say what you expect it to say, no matter what you expect it to say." *The Message* in particular is a great translation because it's meant to be read cover to cover. The language is vernacular – modern American English – but not dumbed down, there are no verse numbers cluttering the flow of the text, and the translator introduces each book with helpful context. It took me over a year to get through the book, but it's one of the best reading experiences I've ever had. It's worth reading, front to back, no matter what you believe.

Shortly after I finished *The Message* I read [This Is My God](#), a book on Orthodox Judaism written by Herman Wouk in the 1950s. Wouk is famous for writing *The Caine Mutiny* and *The Winds of War*, both of which I liked a lot, but I think this may have been his best book. Informative but not preachy, it explains Judaism, at least as Wouk understood it, in his crystal-clear prose. If there is a more readable overview of Judaism anywhere, I'm not aware of it.

I haven't yet read enough about Islam to make a solid book recommendation. However, I have on my reading list [No God But God](#), by Reza Aslan, which I'm hoping will be a good overview. Meantime, I can recommend one movie on Islam, made in the 1970s and available from Netflix: coincidentally it's also called *The Message*. It's a pity the movie isn't better known, because it gives a succinct but colorful overview of the beginnings of Islam – something a lot of Americans would

probably find helpful. I was also pleased to see that the movie was approved by a clerical council in Cairo, so I assume the content is legitimate.

Finally, I read Yann Martel's novel [\*Life of Pi\*](#) a few months back and found it a compelling defense of religious belief in general – drawing on Christianity, Islam, and Hinduism. Some people I've talked to consider this book “just a sea story” and not much more. In contrast, I was struck by how the central message of the book is finally tied together in the last page or two of the epilogue, bringing everything else in the book into focus. Outstanding.



## HOW TO PREVENT A SNEEZE

**SUMMARY:** Think of watermelon.

**DESCRIPTION:** I forget where I read this a couple of years ago, but ever since then it has worked like a charm. Any time I'm about to sneeze, I think of watermelon – the taste, the texture – and the sneeze goes away. I know it's probably a psychological placebo, but hey, it works for me. (Other people claim that just *saying* the word “watermelon” a few times will prevent the sneeze. Now that's just silly.)



## THE BEST WAY TO GIVE A BEST MAN'S SPEECH, BY PHIL TERRY

**SUMMARY:** Include important guests from both the bride and groom.

**DESCRIPTION:** My business partner, Uncle Phil Terry, was kind enough to write in:

I recently had the unusual honor of being the Best Man twice for the same groom (and bride). Because their families live on both coasts of the U.S., they held two ceremonies. This meant I gave two Best Man speeches, which meant I had two times to get it right. I learned that the key to a good Best Man speech is to include brief vignettes involving important guests of the bride and groom who are *not* members of the wedding party.

Before my speech, I identified key guests who had important stories to share but had no formal role in the wedding. I told them that I'd like to call on them during my speech to *briefly* share a story or sentiment. I limited each person to 30 seconds and warned them that I would cut them off if it went too long. When I gave my speech, I called on each of the six people I had earlier selected, and the speech went great. It was a wonderful way to broaden participation and to share love and memories. Try it at your next wedding!



## HOW TO RUN A MEETING

**SUMMARY:** Start with time, agenda, and intros, and end on time.

**DESCRIPTION:** I'm often surprised at the inefficiency of meetings, since it's so easy to run a good meeting with the tiniest upfront investment. Here's how:

1. Start the meeting on time.
2. Start with TAI: time, agenda, and intros. At the start, establish how long the meeting will last (time); list the items to be discussed (agenda); and, if appropriate, have everyone go around the room and state their name and role (intros).
3. During the meeting, if the group strays from the agenda, write down the topic for a later discussion and return the group to the agenda. (If necessary, appoint a facilitator to watch time and agenda.)
4. End on time. Write down any unfinished business (on or off the agenda) for later discussion.

In my experience, Step 2 is the most commonly omitted. Make sure to start with TAI!



## UMBRELLA STORAGE SYSTEM

**SUMMARY:** A simple system that guarantees you'll never get wet in the rain.

**DESCRIPTION:** Here's the easiest, most efficient system for always having an umbrella on hand, 365 days a year, guaranteed. It just takes an easy setup (steps 1 and 2) and a tiny amount of discipline after that (steps 3 and 4).

### HERE'S THE SYSTEM:

1. Buy two umbrellas.
2. Put one umbrella at home, and the other at work or school. (If you drive a lot, you might want to store a third umbrella in the car.)
3. Before you leave home or work, check to see if it's raining, or likely to rain. If it is, take that umbrella with you.
4. (This is the hard part.) When you return to that location (home or work), bring the umbrella *back* and put it back where it was. This is the hardest part of the system because it's often not raining on your return trip, and it's hard to remember an umbrella when the skies are clear. But if you forget to bring the umbrella back, the system breaks: you're vulnerable the next time it rains when you're at that location.
5. If you lose your umbrella at a restaurant, in a cab, etc., buy another one immediately and replace it in the appropriate location. Better to fix the system earlier than later.



## THE BEST WAY TO SEND E-CARDS

SUMMARY: Use [delivr.net](http://delivr.net), a free e-card service.

DESCRIPTION: Several times a year I send out e-cards – for birthdays, anniversaries, and other important dates – but for a long time I couldn’t find a good selection. Amazon.com and Hallmark.com only offer cheesy or maudlin designs, and other sites do who-knows-what with your e-mail address. I was happy to find [delivr.net](http://delivr.net), a free service that uses publicly available photos from flickr.com, a photo-sharing service, for the cards. I use it all the time. Try it.



## A GOOD RECOMMENDATION SITE YOU MIGHT NOT HAVE READ:

COOL TOOLS, BY KEVIN KELLY

SUMMARY: [kk.org/cooltools](http://kk.org/cooltools) or Google “[cool tools](http://cooltools)”

DESCRIPTION: Kevin Kelly (author, photographer, Internet veteran and all-around Renaissance man) has written the Cool Tools website for several years. In it, he compiles

---



recommendations from friends, along with his own, for the best *single* tool in different categories. It's like Uncle Mark, but more tech-heavy, and with lots of camping gear. Good stuff.

(P.S. Speaking of hidden gems, in past guides I recommended Mark Twain's little-known travelogue [Roughing It](#) and Stanley Kubrick's 1975 movie *Barry Lyndon*. I still recommend both.)



## HOW TO REMEMBER IF THE BATTERIES AREN'T IN YOUR CAMERA

**SUMMARY:** If the batteries are dead, or aren't in the camera, keep the battery compartment open.

**DESCRIPTION:** When you're charging your camera batteries (in a wall charger, say), keep the camera's battery compartment open. That way, if you pick up your camera to put it in your pocket or purse, you'll see that the battery compartment is open and will remember that the batteries aren't in it.



## HOW TO WRITE DATES IN E-MAIL

**SUMMARY:** Use absolute dates, not relative dates, in e-mail.

**DESCRIPTION:** Here's something I see a lot in e-mails I receive: "Let's meet tomorrow at 7pm." The problem is that it's not always clear *what day* the sender had in mind, especially if I check mail in the morning and am not sure if they sent the note the day before. I always have to reply with something like: "Tomorrow meaning today, Thursday Dec 7, or Friday Dec 8?"

I also can't understand the e-mail that says, "How about next Friday at 3pm?" I'm not sure which Friday they had in mind! "This" Friday and "next" Friday mean different things to different people. It may be clear in the sender's mind, but until we all perfect our powers of ESP, everyone who writes e-mail should use *absolute dating*.

Absolute dating is simple: always say the day of the week, the month, and the day. You can use a relative word like "tomorrow," but it **MUST** be clarified by the absolute date. "Let's meet tomorrow, Tuesday Dec 7, at 7pm." And if the recipient isn't local, clarify the time zone by geography (say "New York time" instead of "EST", since the time zone may actually be EDT, one hour back).





## HOW TO MAKE SURE THEY SEE THE PAPERS YOU DROPPED OFF

**SUMMARY:** Put the papers on their chair.

**DESCRIPTION:** Here's a tip I learned years ago and have used ever since. If you want to make sure that someone sees the papers you dropped off at their desk, put the papers on their *chair*. The natural inclination is to drop the files on the keyboard, or beside the mousepad. What's the first thing the person does when they get back to their desk? They shove the papers aside, onto a nearby pile. They want to check their e-mail immediately, and those papers are in the way!

But put the papers on their chair, and watch what happens: the person refuses to sit on them! They take a second to pick them up, and while they're in-hand, the person takes a look at the files while they get comfortable in the chair. Bingo: you guarantee attention to your drop-off.



## RULES FOR WALKING IN NEW YORK CITY

**SUMMARY:** Don't make any sudden movements.

**DESCRIPTION:** Walking in New York is like driving on a highway. There are rules, and there

are safety risks if people don't follow them. Even if you don't live in New York City, you can apply walking rules to wherever you live and walk.

Here is the most important walking rule: **Don't make sudden changes in course.** Don't suddenly stop or change your speed. Don't change directions suddenly for no reason, and don't make a surprise about-face. Just like driving on the highway: don't act unpredictably. If you have to walk (or drive) slowly, at least do it predictably, so that people around you can travel safely.

There are other rules (stay to the right when turning a corner, don't stop at the end of the escalator, etc.), but those will wait for another time. In the meantime, *The New York Times* wrote a story on their own walking rules in July 2002. From the Times archives: <http://tinyurl.com/vlrv>



## A SKILL YOU PROBABLY DIDN'T KNOW YOU HAD

**SUMMARY:** Your index finger can be a magnifying glass.

**DESCRIPTION:** Here's a trick that works surprisingly well for any situation where you have to read fine print or any other small thing within arm's reach: turn your hand into a magnifying glass. Just curl up your index finger and hold it shut with your thumb. Make a tiny pinhole in the middle of the curl by opening your finger a tiny bit. If you look through that pinhole, you'll see that it magnifies anything that's about an inch away. Make sure it's well-lit.



## HOW TO LEAVE A TELEPHONE MESSAGE

**SUMMARY:** Give the message quickly, but slow down when you give your phone number.

**DESCRIPTION:** When you're leaving a telephone message – on an answering machine, on a cell phone's voice mail, etc. – think about the experience of the person listening to the message. The single most important piece of information in that message is your phone number. Even if everything else in the message is garbled, if they can understand your phone number, they can at least call you back.

Conversely, most people *don't* want to hear a long, drawn-out, repetitive, boring, endless, boring, repetitive message.

Why is it, then, that people often do exactly the wrong thing when they leave a message?

“Hey there, so um, this is, um, Greg, and we're going to send you that report, ahhhhh, as soon as we have it, and anyway, you'll be getting that report soon. And when you do, uhh, could you call me, at, twoeightsifivesixfourfourthreetoeighnine.” Click.

A long, boring, repetitive message, and then he turns into a speed demon when he leaves his phone number. **WHY?** And then to make it worse, to get the phone number, you have to listen to the whole message again, waiting for that last two seconds of nonsense. Sheesh.

Remember: leave a brief message, then sllloooowwww doooowwnnnn when leaving your number.

---

## FINAL THOUGHTS

---

I'm always happy to get e-mails after I publish Uncle Mark. Some readers will find a typo or inaccuracy, which I try to fix right away. (On page iii you can see what date this version was published.) Others ask a question or make a point that I regrettably didn't have space to cover in such a short guide. But here are some answers to possible questions this year:

"Past guides included an iPod pick; why not this year?" Several reasons. I think that if you buy an iPhone, there's no need to also get an iPod. The iPod is still a good gift idea, though these days there's a fair chance the recipient will already have one. Finally, it seems that Apple releases a new kind of iPod every few weeks, so it's tough to keep up. Try the online or retail Apple store.

"Which plasma-screen/LCD/high-definition TV should I buy?" I don't know. I've never understood the hype around HDTV – more visual resolution doesn't make the comedy any funnier – though if I was a sports fan I might take the plunge. As a somewhat jaded viewer, I bought the smallest TV I could find and keep it in a cabinet behind closed doors when it's not on.

"How come you don't pick a *real* camera? Like with a zoom and a better lens?" Because cameras with zooms either are too big to fit into a pocket – the all-important criterion – or they're really small, but the zoom or lens isn't very good. (Plus the poor things have no cell phone or iPod attached.) If you want a good zoom *and* a good lens, you might have to lug a brick around.

"How could you recommend Apple/Nintendo/Panasonic over brand X, which I love?" My answer is very simple. Let me know when your guide is out – I'd love to read it!

---

---

# KEEP IN TOUCH

---

I hope you enjoyed this year's guide. Here's how to keep in touch:

1. Subscribe, for free, to my Good Experience e-mail newsletter. Just go to [goodexperience.com](http://goodexperience.com), type in your e-mail address, then reply to the confirmation e-mail.
2. Take a look at my other free resources, all of which are linked from [goodexperience.com](http://goodexperience.com).
3. Come to my conference, called Gel, short for "Good Experience Live." Gel 2008 will be held on Thursday-Friday, April 24-25, 2008 in New York City. You can watch video clips of past presentations at the website: [gelconference.com](http://gelconference.com)

If you have any comments, questions, or stories about how this guide helped you, e-mail me here: [mark@goodexperience.com](mailto:mark@goodexperience.com). I use SpamArrest, so you might get asked to answer a simple question in order to approve your e-mail. I read every e-mail I get and try to reply to each one.

Keep in touch, and may all your purchases be good ones –

*(Uncle) Mark Hurst*  
*November 2007*